## **ACROFEST 2024 SCHEDULE**

## "Seek It!"

Matthew 6:33

THURSDAY, JA	AUN	RY	25
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6:45 - 7:45	-	Registration in lobby of Raphan Ley Auditorium (Gym)
8:00 - 8:30	-	Introductions/Group Warm-Up - Highland Academy
8:30 - 9:10	-	Station #1
9:10 - 9:50	-	Station #2

Lights out

## FRIDAY, JANUARY 26

10:30

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-	<u>Breakfast</u>			
-	Worship in gym - John Mark Armstrong			
-	Group Warm-Ups - Madison Academy			
-	Station #3			
-	Station #4			
-	Break (EVERYONE)			
-	Station #5			
-	Station #6			
-	Station #7			
-	<u>Lunch</u>			
-	Pyramid Practice			
-	Contests - Headstands/Butterflies/Hand-to-Hands			
-	Setup for Saturday Night/Practice walk-ins			
-	Teams Receive T-shirt			
-	<u>Supper</u>			
-	Vespers-Highland Academy- Justin Rogers			
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#### SATURDAY, JANUARY 27

10:00 PM

7:30 - 8:15	-	<u>Breakfas</u> t
9:30	-	Sabbath School in gym - Madison Academy
Church	-	15 min after Sabbath School- SAU Gym-Masters
After Church	h -	Lunch - After Church, head to the Cafeteria

\*\*Gym Closed until 6:00PM (The gym will be open from 4-5PM; closed till 6PM)\*\*\*

3:00 - 4:00 - Open Campus; Activities in Ad Building/relax in dorms

4:00 - 5:00 - Vespers-Highland Academy

Lights out

5:00-5:45 - **Supper** 

6:00 - Gym opens for program and Guests

6:30-9:00 - Acrofest Show (Featuring Gym-Masters)

11:00 PM - Lights out (For those Staying on Campus after show)

## SUNDAY, FEBRUARY 1

#### **NO BREAKFAST SERVED**

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# **ACROFEST 2024 SHOW ORDER**

- 1. Entrance of Acrofest Participants
- 2. National Anthem
- 3. Prayer
- 4. Group Pyramids
- 5. Contest
- 6. Offering
- 7. Mat passes

## Team Performances:

- 1. Other: will add if other schools want to perform
- 2. Legacy Gymnastics
- 3. Madison Campus Elementary
- 4. Highland Elementary School
- 5. Madison Academy
- 6. Highland Academy
- 7. Southern Adventist University

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# **STATIONS**

- 1. Tossing
- 2. Circus
- 3. Tumbling
- 4. Group Stunting (Elevator work)
- 5. Acro-Sport (pair, trios)
- 6. Three high level moves
- 7. Fun Station